



**movin'mountains**  
- therapy services -

## MY CHILD HAS BEEN REFERRED FOR PAEDIATRIC PHYSIOTHERAPY

### What is Paediatric Physiotherapy?

Paediatric PTs apply their knowledge when assisting children. Expertise in movement and alignment is directed to evaluation, diagnoses and treatment of childhood injuries and conditions. Paediatric PTs recognise that because a child's growing body and brain is different from an adult's, they require a unique approach to treatment. Active participation in home, school, and community environments are promoted when working with children and their families. PTs are primary health care providers who promote health and wellness as they implement

a wide variety of supports for children from infancy through to adulthood. Broad goals of treatment are to reduce pain; increase independence and participation; facilitate motor development; improve strength and endurance; enhance learning opportunities; and ease challenges in daily living skills. The pediatric PT collaborates with the family to promote development and implement an individualized intervention program for the child. We believe that you and your child can move mountains!

